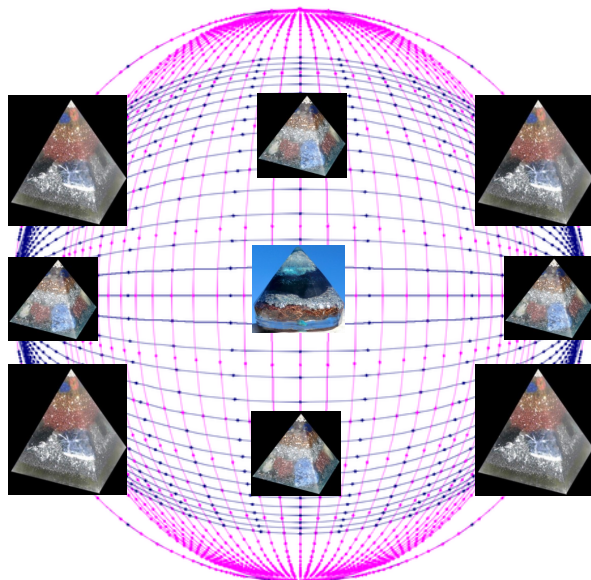




Vancouver Island Alternative Lifestyle Services (VIALS)

Zen Domes Orgonite

Best Use Guide



Zen Domes Orgonite

This guide offers suggestions on how to get the maximum effect from your Zen Dome placement within your living spaces, office, RV, etc.

For more details about our orgonite, consult the **Zen Dome User Guide 2017**, found online at:
www.karenholtonhealthcoach.com/zen-domes/

To view the current Zen Dome product line-up visit: **www.karenholtonhealthcoach.com/shop/zen-dome-orgonite-products/**



Why you want genuine Zen Domes Orgonite:

To qualify as a Zen Dome, the orgonite has to be precision-made, beautiful, and as unique as possible. Only the most effective orgonite is selected to become a Zen Dome.

Once a design is chosen, the orgonite is energetically charged. I personally infuse each one with the intention of giving you the best results possible for your highest good. I also charge and activate the crystals within.

As a result, Zen Domes are made to order, created in small batches, and available in a limited supply.

Once you order the designs you most desire, each Zen Dome is then made especially for you, so it will attune itself to your life force energy, producing maximum effect.

Zen Domes provide orgonite technology to:

- 🌀 work continuously turning negative energy into positive energy
- 🌀 purify the atmosphere and stimulate plant growth
- 🌀 dramatically diminish the harmful effects of EMF (Electro-Magnetic Frequency) radiation & Geopathic zones
- 🌀 stimulate positive mood and are a natural remedy for poor sleep patterns
- 🌀 restore health to the body, mind and soul by interacting with the natural crystals (salts) and fluids found in the body
- 🌀 give you an edge so you get more of what you want out of life

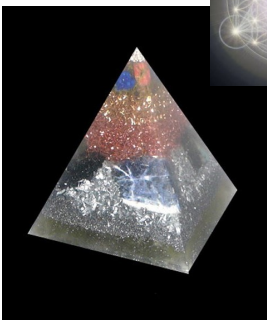
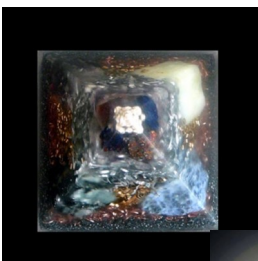
For ultimate effect, I recommend setting up a grid of Zen Domes in your home and living spaces. Place one large Zen Dome pyramid at each of the 4 furthest corners of the home, and 4 medium pyramids or diamonds at the half way points. For added protection, place a Quantum Cleanse Zen Dome in the centre. Placement diagrams are found on page 4 & 5 of this guide.

Since budgets vary, follow your intuition and start by wearing a Zen Dome pendant and place a medium Zen Dome pyramid by your bed at night to improve sleep. See how this feels energetically and then add more as you feel the desire.



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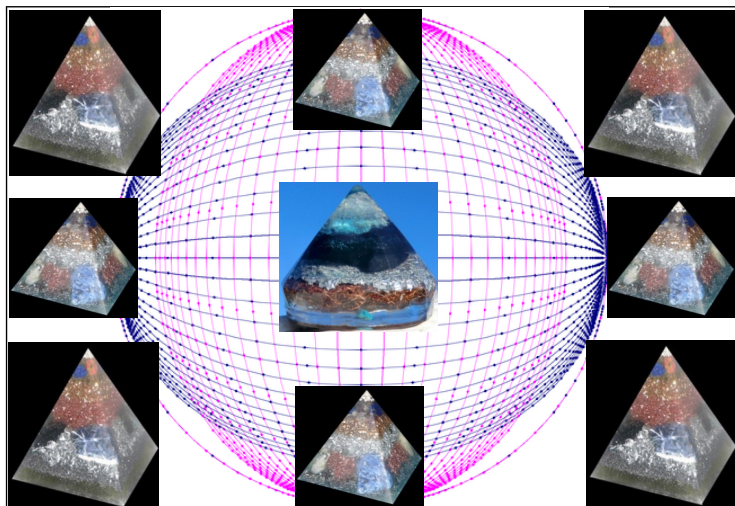
Zen Domes & Spirituality:

Check out my suggestions on how to use Zen Domes within Healing/Sacred Spaces, found on Page 16 of this guide.





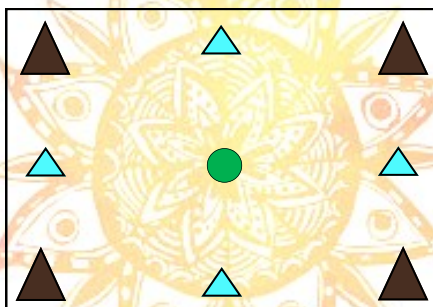
Zen Domes Orgonite Home/Office Placement:



Full size house or condo/apartment:

For ultimate effect, I recommend you set up a grid pattern of Zen Domes on each floor of your home or living spaces. Place one large Zen Dome pyramid▲ at each of the 4 furthest corners of the dwelling, and 4 medium pyramids▲ or Quantum Cleanse diamonds at the half way points.

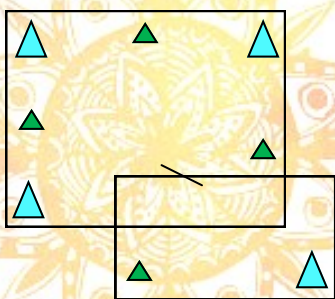
Then add one of your favourite Zen Domes● to the centre. Your Zen Domes will interact with each other as their frequency range is definitely increased when placed in this manner. Grid patterns do not need to be perfectly aligned.








Zen Domes Orgonite Room, Suite or RV Placement:

Regardless of the area you wish to clear energetically, you want to place your Zen Domes in a similar pattern to a crystal grid (diagram right).



The sun pattern on the left represents the energy pattern from your Zen Dome placement.

For smaller spaces, place a Zen Dome medium pyramid  or Quantum Cleanse diamond  at each of the 4 furthest corners

of the dwelling, and 4 small pyramids  or Quantum Cleanse diamonds at the half way points. A centre placement should not be necessary.

If you are particularly sensitive to EMF, I also suggest the placement of a Quantum Cleanse diamond as close as possible to the smart meter, electrical panel, cell phone or other technologies.

If your budget is limited, start by wearing a Zen Dome pendant and place a medium Zen Dome pyramid by your bed at night. See how this feels energetically and add more as you feel the desire.





Charging Your Zen Domes Orgonite



At the heart of every Zen Dome is a clear quartz crystal. Did you know that quartz crystals are neither solid nor liquid? They are a fluid, which grows and flows and vibrates at 786,000 pulses a millisecond.

When under pressure, the end points become polarized (piezoelectric) and the charge is dispersed as the frequency of 786,000 KHz. Its continuum moves faster than light and its vibration is the axis of the universe.

A distinctive quality of the clear quartz crystal is the ability to clear/wash/purify the energy around it. This is why, for example, you can place any item close to it, (I.e., jewellery, other crystals, etc.), and they are energetically cleansed within hours.

Another special ability of clear quartz is that you can program the crystal with your intention, and charge it with specific energy, be it from nature or people. The



crystal will hold specific thoughts, or a quality of energy that you ask it to hold. The same is true for your Zen Dome!

To charge it with energy from nature, for example, means the crystals will absorb and carry the energy you expose them to in any natural spot, that you wish to feel connected to.

Have you been amazed by how modern technology can store vast amounts of data into one tiny little micro-chip? All of that information is stored in a tiny quartz crystal!

Since Zen Domes contain clear quartz and other crystals, they too can be personalized and programmed.

Clear quartz is considered the Universal Crystal, and due to its cleansing properties, it self-cleans and purifies the other crystals bound up with it in the orgonite matrix.

I recommend exposing them to sunshine and a natural environment once in a while to keep them robust, and of course you can program your Zen Dome with your own intentions any time you wish.

Want a more fulfilling, abundant life? Get Zen Domes working for you today!





Zen Domes Best Use Guide

Zen Domes and EMF



The natural world, including your body, produces electromagnetic fields. But these fields are low in intensity. Technology produces much more intense electromagnetic fields, and these fields can cause health risks. You cannot see or hear them. But if you live where there is cell phone service

or power lines, for example, you are exposed to artificial EMFs.

Electro-Magnetic Frequencies come from cell phones, cordless phones, mobile antennas, smart meters, broadcast towers, electrical security systems and more. The higher the frequency, the greater the risk to health. For example, microwaves are very-high-frequency (VHF) radiation, and they can pose a significant health risk. Many cell phone towers operate in the microwave range.

Bioelectrical signals help to regulate many processes of the human body. In fact, science suggests that every cell in your body might have its own EMF.

However, strong artificial EMFs can enter your body and interfere with the natural way your body works. This can affect virtually any system within your body, from your sleep cycles to your stress levels to your



immunities to your DNA.

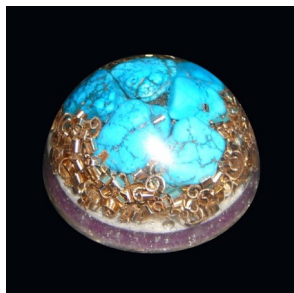
This is why you benefit from Zen Domes. Zen Domes are orgone generators: a simple compound which balances ambient energy by converting negative energy (EMF) into positive healing energy (Chi, Prana, Zero Point, etc.), with many easily-confirmed health benefits. Zen Domes Orgonite do this continuously, 24 hours a day, 7 days a week.



This is how Zen Domes restore health to the body, mind and soul: the frequency vibrations they produce interact with, and influence the natural crystals (salts) and fluids found in the body.

Zen Domes also essentially create positive energy transmitters out of any and all emitters of harmful negative energy by transforming their frequency.

There are multiple health benefits reported from regularly keeping orgonite nearby. As the clear quartz crystal emits its specialized healing frequency, it stimulates the secondary crystals and stones to vibrate more intensely. Together, they emit an inaudible symphony of healing vibrations, which clear all of the chakras as they relax the body, and interact positively with our own natural resonant frequencies.



The best way to know what Zen Domes will do for you is by trying them out for yourself!



Zen Domes Best Use Guide

Zen Domes & Wellbeing



All Zen Domes Orgonite contain a central clear quartz crystal. Clear quartz is used for focusing the mind, healing, meditation and spiritual growth. Its helical spiral crystalline form radiates all the colour vibrations found in the light spectrum, producing a harmonizing, balancing effect.

All Zen Domes orgonite amplify and purify energy, restoring health to the body, mind and soul. Further, clear quartz stimulates the immune system and is a powerful protection stone. Holding a quartz crystal in your hand actual doubles your bio-magnetic field and dispels static electricity.

Zen Domes generate a positive electromagnetic field of healing frequency, and when arranged within the home or office in a grid-like fashion, they intensify the effect of each other, extending their range and producing an energetic environment which is conducive to harmony and healing. Even your plants and pets benefit.

Further, the tactical deployment of small pieces of orgonite near any and all sources of life-negative energy, (such as cell phone towers, nuclear power plants, underground bases and natural Earth energy grid-lines and vortices), will bring about specific life-positive,



cleansing, healing, effects.

As seen on page 2 of this guide, in order to qualify as a Zen Dome, the orgonite has to be precision-made, beautiful, and as unique as possible. Only the most effective orgonite is selected to become a Zen Dome.



I personally infuse each one with the intention of giving you the best results possible for your highest good. I also charge and activate the crystals within. In this way, each Zen Dome is made especially for you, so it will attune itself to your life force energy, producing maximum effect.

If you would like to see my beautiful collection of Zen Domes Orgonite pyramids, half domes, diamonds, charging plates, pendants and shields, visit my website <https://www.karenholtonhealthcoach.com/shop/zen-dome-orgonite-products/>

Download my current Zen Dome catalogue in PDF from the Home page of my website:
www.karenholtonhealthcoach.com

If you have any questions, contact me through my website or email me at: VIALS@shaw.ca





Zen Domes Best Use Guide

How to Use Your Zen Domes



Improve your wellbeing with precision-made Zen Domes Orgonite (which include the influence of health positive crystals). Think of crystals as beautiful, spiritual friends with diverse personalities, which communicate at hundreds of thousands of KHz – they pulse faster than the speed of light!

Crystals exist on a continuum bridging the realms of heaven and earth, and when combined with clear quartz in a matrix of organic resin and metals, they not only retune ambient negative energies, but also significantly boost the influence and properties of all crystals contained within.

I have personally experienced multiple health benefits from regularly keeping Zen Domes nearby. As the clear quartz crystal emits its specialized healing frequency (786,000 KHz), it amplifies the frequency of the secondary crystals. Together, they emit an inaudible symphony of healing frequencies, which clear all of the chakras as they relax the body, and restructure the water and natural crystals (salts) found in our fluids and tissues. In this way, they are especially helpful during the *ascension process*, which is all about healing and raising our own unique frequency signature.



Since Zen Domes clear the chakras and relax the body, they promote wellness on energetic, physical, mental/emotional and spiritual levels. When you hold, wear or keep your Zen Domes close to your body, they interact directly with your energy field and promote the healing, grounding and balancing of your life force energies, which promote physical wellness. When placed near water, beverages and foods, they restructure the molecules, which boosts their energetic values and nourishment potential. See the Zen Dome User Guide for more details.

For this reason, I use the Zen Dome charging plate as a coaster/trivet under my beverages, bowls of hot foods and salads. You can keep one in your pantry, fridge and freezer to energize foods (when the charging plate is frozen it may break if dropped so be careful). You can also place one in your wine cellar, under your fruit bowl, beverage container or under your mattress, or pillow. You can add one to your pet bed but make sure the pet cannot use it as a chew toy.



Keep any Zen Dome in your herb/patio garden, with houseplants or in your yard to help keep gardens of all kinds healthy. One of my friends uses Zen Domes to help tree grafts to heal. Zen Domes are good for every living thing. The possibilities are endless.

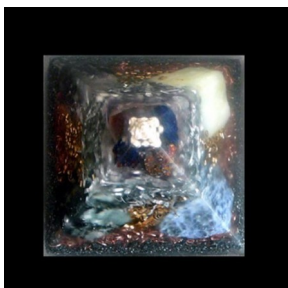




Zen Domes Best Use Guide

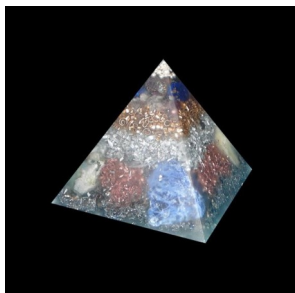
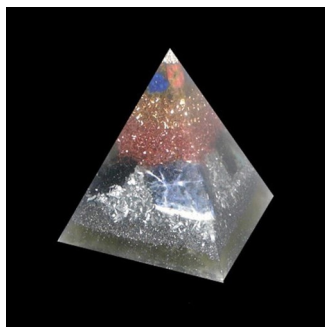
How to Use Your Zen Domes continued

I recommend that you keep a larger Zen Dome, like the large or medium pyramid, in your vehicle and RV, and at the office. If you work out of doors, or in a public facility, wear a Zen Dome pendant or carry one of the shields, small half sphere, or one of the mini diamonds in your pocket, purse or backpack. Don't forget to place a micro-mini Zen Dome cell phone/tablet shield on each mobile



device you use.

For ultimate effect, I recommend setting up a grid of Zen Domes in your home and living spaces (see pages 4 & 5 of this guide). Place one large Zen Dome pyramid at each of the 4 furthest corners of the home, and 4 medium pyramids or diamonds at

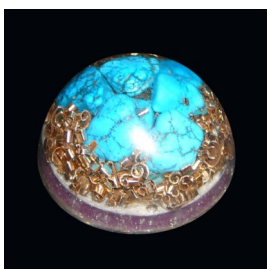


the half way points. For smaller budgets, start by wearing a Zen Dome pendant and place a medium Zen Dome pyramid by your bed at night. See how this feels energetically and add more as you feel the desire.



I am confident that you will love these amazing devices as much as I do. Treat your friends and loved ones with Zen Domes at gift-giving occasions. When the social convention calls for flowers, why not give Zen Domes instead?

Enjoy my new line of Zen Dome orgonite pyramids, shields, half spheres, diamonds, charging plates, pendants, and micro-mini cell phone/tablet shields – all available through my website. Email me at: VIALS@shaw.ca to request my current Zen Dome catalogue.





Zen Domes Best Use Guide

Use Zen Domes in Healing/Spiritual Rituals

Many people are familiar with using crystals for healing, and for spiritual rituals like grid-making, but did you know that you can maximize these practices with the use of Zen Domes?



Any purpose which calls for crystals is an opportunity to use and program your Zen Domes. There is no earthly limit to how much data can be recorded by the crystals in Zen Domes, although I usually suggest this data follow a theme.

Themes such as health, abundance, security, wellbeing, new paradigm awareness, peace, balance, love, gratitude—all of the frequency raising purposes are suitable.

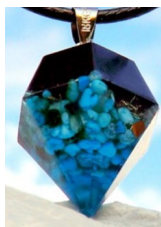
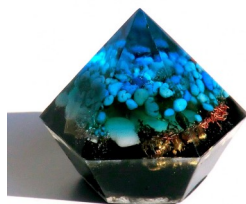
Switch out some of your crystals with Zen Domes. Continue to use some crystals along with Zen Domes because the Zen Domes will actually boost the healing potential of those crystals. You may have favourite crystals which differ from the ones contained in the Zen Domes, so keep using them to your





benefit.

I suggest placing one of the Mini Diamonds directly on your chakra points while you meditate. Place them on the chakras you wish to strengthen or fortify. Your chakras are linked directly to your star-gates so it is very important during this time of accelerated evolution that we keep our energetic pathways clear and bright.



You can use any of the Zen Dome Pendants in the same manner.

The Dragon Pendant will strengthen the male/god part of us and the Goddess Pendant will strengthen the female/goddess energies. These Zen Domes are great for balancing the Divine Male and Divine Female energies within. These connections also serve to anchor divine energies into our Earthly energy grid. Since we

are all connected, heal yourself and you heal the world.



Continued on next page →



Zen Domes Best Use Guide

Use Zen Domes in Healing/Spiritual Rituals continued



The Angel and the Shaman Woman pendants are also great to place directly on the chakras. The Angel pendant promotes the spiritual/angelic energies, while the Shaman Woman pendant is used for more intense care and healing.



The Shaman Woman pendant is used to promote a more dynamic healing of the self and others. If you are in the sensitive stage of the *ascension process*, I recommend starting with the Angel pendant, and then when you are in a position for something more intense, graduate to the Shaman Woman pendant.

Many people are embracing practices like smudging and healing circles.

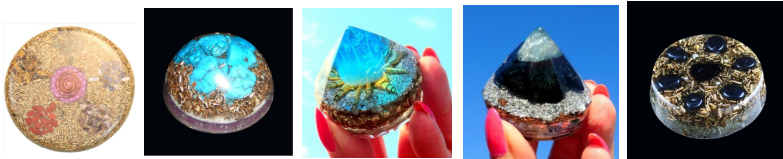
Smudging is very complimentary to the use of Zen Domes and can be used on Zen Domes before infusing them with new/fresh intentions.

The crystals in the Zen Domes love being smudged. It is a great way to strengthen your relationship with them!





For use in healing ceremony/ritual I recommend placing a large Zen Dome in the centre of the circle. Then in grid-like fashion place any Zen Dome: like the Medium or Small Pyramids, Charging Plate, Half Sphere, Moon Glow Diamond, Quantum Cleanse Diamond and the Round Shields within the circle/group.



Alternative Health Practitioners and Energy Healers can easily incorporate Zen Domes into their practice. Just keep one of the more robust Zen Domes within the healing area, and the treatments will be more effective. I recommend using the Large & Medium Pyramids, and the Quantum Cleanse Diamond within the treatment

area.

Whether for use in the home or practice, experiment a little and enjoy! Good Health to You!





Zen Domes Best Use Guide

Testimonials:

"I am very, very pleased to say that the Zen Dome Orgonite that a dear Friend introduced me to is just wonderful! The amulet/shield alone, has made a significant difference to my health in the following ways:

- The headache, foggy brain, and other cognitive issues I have suffered from have all but disappeared;
- I have much more energy, and am clearer by far... with long hours and late into the night, and up early because I moved a week ago.
- Chronic pain in my shoulder and neck are substantially relieved – I can use my arm again!;
- I began using the Amulet/shield 4 days before my move, and I was astounded at how much strength, and energy... I had, and still have... really, really exceptional changes have occurred with less inflammation, aches and pains, etc...
- I just love the amulet/shield... and sleep with it too!
- Oh, and if I am over exposed, like in a store like Costco with horrible lighting and many people, and energies, if I begin to have my 'overload' symptoms... they disappear within an hour.

As well, I have the large pyramid, the sleep/meditation pyramid, and 2 Quantum Cleanse Diamond orgonite in critical places in my home. They are located in my CranioSacral Therapy session room, my bedroom, and near my computer and are very clearly doing their job... I sleep deeply and wake refreshed, my clients are pleased with their sessions, and as I know them well, we've discussed the pieces at length



All of the above amazing results are despite 2 smart meters on the same wall...down at the corner of the building... and the electrical panel on the room wall, and wifi upstairs.

Please note: I have been diagnosed as Electrically Sensitive and was almost housebound at one time, so for me to feel 'safe' with my amulet/shield in my pocket, and Zen domes in my home is really truly a God-send. Thank you Karen Holton.

Best,
Marian”



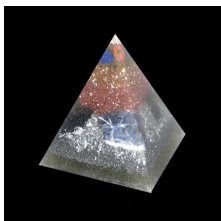
“These (Zen) domes are amazing!! Honestly, if it wasn't for a close friend who had recommended these to me for pain relief, I would've never found this shop, and/or would've been too skeptical to have even tried it. Little did I know after my first order that I too was also suffering from EMF. Symptoms that I had had for years, but didn't know what they were that limited me from watching TV or using my computer, went away. Just by placing one mini Zen Dome next to my laptop when I use it keeps my head clear and I'm able to focus and get my work done even if it takes hours without getting sick. I even tested taking the (Zen) Dome away and using the laptop...the symptoms came back. It is UNREAL!!! I am still in amazement by how well they work and my plants love them too! A life changer! Bless Karen and James for getting them out there!” S.M.



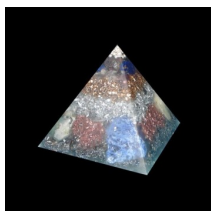
Current Zen Dome Product Line

See the Zen Dome Catalogue or User Guide PDFs, or visit my website for more details:

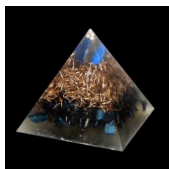
www.karenholtonhealthcoach.com/shop/zen-dome-organite-products/



The Healthy Body/Healthy Spirit
Large Zen Dome Pyramid



The Meditation
Medium Zen Dome Pyramid



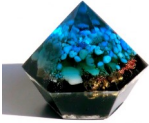
The Lapis Lazuli
Small Zen Dome Pyramid



The Quantum Cleanse Diamond Zen Dome



The Moon Glow Diamond Zen Dome



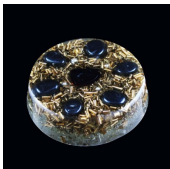
The Turquoise Mini Diamond Zen Dome



The Rose Quartz Mini Diamond Zen Dome



The Zen Dome Charging Plate



The Zen Dome Protection Shield



The Zen Dome Vitality Shield

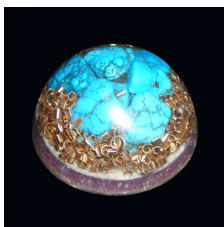


The Zen Dome Prosperity Shield

More Zen Dome Orgonites found on the next page →



Current Zen Dome Product Line continued



The Small Orgonite Half Sphere
Zen Dome



The Zen Dome Micro-mini Cell
Phone/tablet Shield



The Zen Dome Amethyst
Orgonite Pendant



The Zen Dome Turquoise
Orgonite Pendant



The Zen Dome Hope
Orgonite Pendant



The Zen Dome Goddess Pendant



The Zen Dome Dragon Pendant



The Zen Dome Angel Pendant



The Zen Dome Shaman Woman Pendant

Karen Holton
The 9 Steps to Quantum Health Transformation



Enjoy original and
unique Zen Domes
Orgonite, and Good
Health to You!

**Vancouver Island Alternative
Lifestyle Services (VIALS)**

Karen Holton (owner)
Victoria, BC

Phone: 250-590-7357
E-mail: VIALS@shaw.ca
www.karenholtonhealthcoach.com